



# Public Health

## Idaho North Central District

**Nez Perce County**

215 10th Street  
Lewiston, ID 83501  
(208) 799-3100  
Fax (208) 799-0349

**Latah County**

333 E Palouse River Drive  
Moscow, ID 83843  
(208) 882-7506  
Fax (208) 882-3494

**Clearwater County**

105 115<sup>th</sup> Street  
Orofino, ID 83544  
(208) 476-7850  
Fax (208) 476-7494

**Idaho County**

903 West Main  
Grangeville, ID 83530  
(208) 983-2842  
Fax (208) 983-2845

**Lewis County**

132 N Hill Street  
P O Box 277  
Kamiah, ID 83536  
(208) 935-2124  
Fax (208) 935-0223

### 2016-2017 Diabetes Prevention Program Session Schedule

Classes will be held Tuesdays from 5:30 – 6:30 pm at Public Health – Idaho North Central District, 215 10<sup>th</sup> Street, Lewiston. If you are unable to attend one of the sessions, please contact Heidi Henson at 208-799-0368 or [hhenson@phd2.idaho.gov](mailto:hhenson@phd2.idaho.gov).

*The kickoff/intro will be August 9<sup>th</sup> at 5:30 pm at Lewiston Public Health.*

#### **Core Sessions (First 6 months)**

Session 1: August 16  
Session 2: August 23  
Session 3: August 30  
Session 4: Sept. 6  
Session 5: Sept. 20  
Session 6: Sept. 27  
Session 7: Oct. 4  
Session 8: Oct. 11  
Session 9: Oct. 18  
Session 10: Nov. 1  
Session 11: Nov. 15  
Session 12: Nov. 29  
Session 13: Dec. 13  
Session 14: January 3  
Session 15: January 24  
Session 16: February 7

#### **Post-Core Sessions (Last 6 months)**

Post-core Session 1: March 7  
Post-core Session 2: April 4  
Post-core Session 3: May 2  
Post-core Session 4: June 6  
Post-core Session 5: June 27  
Post-core Session 6: July 25